

A photograph of two railway workers in safety gear. One worker in the foreground is wearing an orange high-visibility suit, an orange helmet with a headlamp, and yellow gloves, and is using a tool on the tracks. Another worker in the background is wearing a white helmet and a yellow high-visibility suit. The scene is outdoors with green foliage in the background.

I know how to
protect myself!

Safety on and around the tracks.

Safety first.

Safety concerns each and every one of us – be it on or around the tracks or in the office. Employees can play their part in the area of safety by applying the safety measures in full and warning their team and superiors of hazardous situations. Managers must demand safety-conscious behaviour and play their part in a robust safety culture by carrying out regular safety audits. They must also fulfil their function as role models during site visits by wearing their personal safety equipment and behaving in accordance with the rules and regulations.

The number of occupational accidents during work on or around the tracks has been falling for several years. This is very pleasing, but is no reason for us to neglect safety efforts. SBB's aim for all employees in the track area is clear and ambitious: to reduce the number of occupational accidents further.

On the following pages you will find the safety rules and regulations for working on and around the tracks. Ensure that you observe these rules and regulations – for your safety as well as ours!



Philippe Gauderon
Head of SBB Infrastructure

Allow us to introduce ourselves.



← Head of safety

I am responsible for specifying the safety measures.



← Safety manager

I am responsible for carrying out the safety measures.



← Safety warden

I am responsible for protecting personnel from the hazards of railway operations.



← Supervisor

I am responsible for the proper technical performance of the work.



General warning and personal protective equipment.

→ My colleagues and I protect ourselves by adhering to the prescribed safety measures.

→ When I am working on or around railway lines, or am in the vicinity, I observe the regulations on warning and personal protective equipment.

→ When performing special work I also wear the necessary additional personal protective equipment!

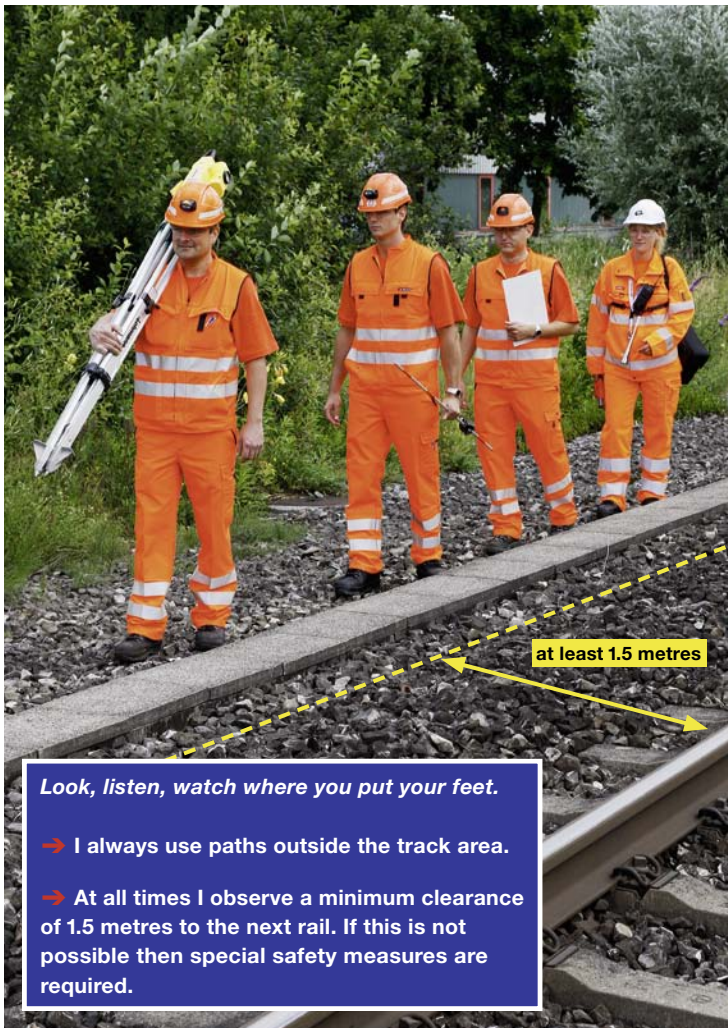


Behaviour on or around the tracks.

→ It is not permitted to enter the track area without permission.

→ We only work on or around the tracks within the specified safety measures.





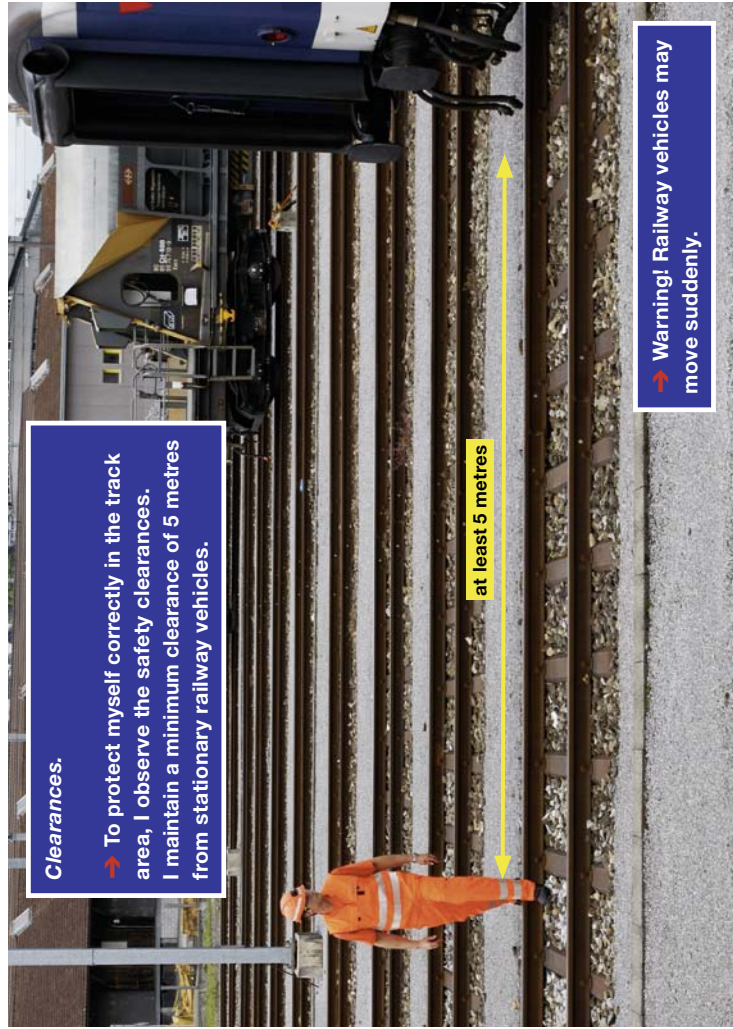


Danger of getting stuck.

→ I do not step or reach with my hands in between the stock rails and the switch tongues.
The contact pressure is over 300 kilograms.

Danger of slipping.

→ When crossing the tracks I do not step on rails or sleepers.



Clearances.

→ To protect myself correctly in the track area, I observe the safety clearances.
I maintain a minimum clearance of 5 metres from stationary railway vehicles.

at least 5 metres

→ Warning! Railway vehicles may move suddenly.

Alarm signals.

Behaviour.

Alarm signal 1: ■■■■

Personnel must stop work in the affected area of the track and withdraw to the closed track.

Alarm signal 2: ■■■■

Personnel must clear all tracks and withdraw to the defined safety zone.

Hazard signal: ■■■■

Personnel must leave all tracks immediately.



We provide worksites with audible and/or visual alarms.



Dangers due to high voltage.

→ I must always assume that the catenary and its components (red) are live. I know that approaching them, even if only with objects, is extremely dangerous.

Working with machinery.

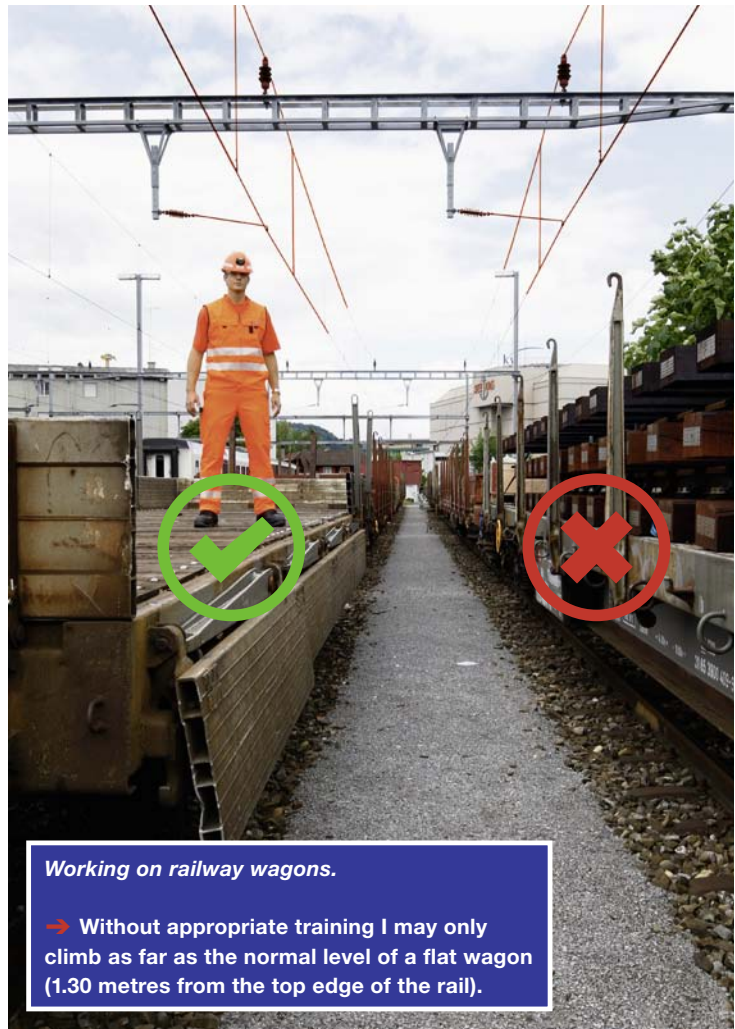
→ If it is possible for machinery to get within 5 metres of the live parts, special safety measures must be applied.

5 metres



Working on railway wagons.

→ Without appropriate training I may only climb as far as the normal level of a flat wagon (1.30 metres from the top edge of the rail).





Other safety requirements.

- I always get off the train backwards on the side of the safety zone. It is not permitted to jump on or off!



Other safety requirements.

- We do not consume alcohol or drugs during working hours or breaks.
- At the start of work a zero alcohol and drug limit applies.



→ Activities that may distract me must only be performed in the safety zone.



→ We adhere to safety rules and regulations in order to go home healthy after work.

SBB

Infrastruktur Risiko, Sicherheit, Qualität, Umwelt

Brückfeldstrasse 16

3000 Bern 65

Bestellungen per E-Mail an:

xbe007@sbb.ch

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